



SAVE THE DATE

**Brain-Gut Axis: Aligning the Mind, Body
and Spirit towards Health and Wellness**

**Wednesday, October 15, 2025
9am – 5:15pm**

**Virtual conference with option to view in-person
with the Integrative Health Team at CHOP**

Course Information

The Brain-Gut Axis plays a vital role in overall health, affecting everything from our physical and mental health to emotional balance and well-being. This unique conference brings together leading experts in the fields of neuroscience, nutrition, microbiome, mental health, and integrative medicine to explore the intricate relationship between the brain, gut, and overall wellness. Whether you're a pediatric healthcare professional, therapist, nutritionist, or someone on a personal wellness journey, this conference will provide you with an in-depth understanding of the brain-gut connection and empower you with practical tools to cultivate greater health and vitality for you and your patients.

General Information

The conference will be virtual with an option to view in-person and meet the Integrative Health Team at Children's Hospital of Philadelphia. The registration fees, which include syllabus material and handouts, are as noted regardless of in-person or virtual attendance. If you sign up for in-person and wish to attend virtually, you **MUST** notify us by 10/1/25.

Physicians: \$175

Nurses, Registered Dietitians, Nurse Practitioners, and Other Allied Health Professionals: \$125

Residents and Fellow: \$75

Students: \$25

Reiki Level 1 Training

In-person training will be offered on Thursday October 16th, 2025 at the Roberts Building. Please email integrativehealth@chop.edu to register. Space is limited. Cost \$200

To register, please visit: chop.cloud-cme.com



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Philadelphia, PA 19104 chop.edu