

Developmental and Behavioral Health for the Pediatric Patient

Thursday, April 18, 2024

Virtual Conference
Children's Hospital of Philadelphia



Learn more: chop.cloud-cme.com



Overview

According to the Centers for Disease Control and Prevention (CDC), one in six children in the United States has a developmental disability or developmental delay and one in 36 has an autism spectrum disorder (ASD). As the American Academy of Pediatrics highlights, there is a shortage of developmental and behavioral specialists, limiting access to specialty care for many children with developmental or behavioral health conditions. This conference will address some of the leading developmental and behavioral health concerns that pediatricians and primary care providers deal with on a daily basis: co-occurring medical and behavioral conditions such as sleep, feeding, and attention deficit hyperactivity disorder (ADHD), therapeutic interventions (cognitive behavioral therapy and dialectical behavioral therapy) for anxiety, understanding education and insurance rights and benefits, understanding autism in females, and understanding speech disorders and augmentative communication strategies. Each lecture will include evidence-based treatments, support management, and resource suggestions.

General Information

The registration fee includes access to the conference live stream, online presentations, and CME credits.

Physicians — \$125

Other Healthcare Professionals — \$75

Course Objectives

- Participants will identify common developmental and behavioral health symptoms that can present in pediatric patients.
- Participants will identify common medical and mental health conditions that can occur with developmental or behavioral disorders and understand how they may impact the child's function.
- Participants will identify resources that can be utilized in the office or shared with families to address developmental, behavioral or mental health concerns in children.

Accreditation



JOINTLY ACCREDITED PROVIDER[®]
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by the Children's Hospital of Philadelphia. The Children's Hospital of Philadelphia is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Designation of Credit

Physicians: Children's Hospital of Philadelphia designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This program provides 7.0 ANCC contact hours.

Joint Accreditation



This activity was planned by and for the healthcare team, and learners will receive 7.0 Interprofessional Continuing Education (IPCE) credit for learning and change.

Social Work Accreditation Statement

CHOP is a pre-approved provider of continuing education credits for Pennsylvania Licensed Social Workers, Marriage and Family Therapists, and Professional Counselors. Participants licensed in Pennsylvania who attend the full workshop and complete the required evaluation are eligible for 7 Continuing Education Credits. Participants licensed in other states should check with local licensing boards to determine continuing education approval.



Children's Hospital of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. Children's Hospital of Philadelphia maintains responsibility for this program and its content. This program is approved for 7 CE credits.

Level: Intermediate

Cancellation and Refund Policy

Children's Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. Cancellations must be received in writing by Monday, April 8, 2024.

Program – Thursday, April 18, 2024

- 8 a.m.** **Introduction**
Amy Kelly, MBA, MNM; Amanda E. Bennett, MD, MPH; Barbara Picard, MSN, CRNP
- 8:05 a.m.** **Keynote: Sleep Your Way into Better Health**
Margaret Souders, PhD, CRNP
- 9:05 a.m.** **The Problem with Girls: Challenges in Diagnosing and Supporting Autistic Females at Birth**
Alycia Halladay, PhD
- 10 a.m.** **Break**
- 10:15 a.m.** **Exploring the Similarities and Differences Between Two Effective Therapies: Cognitive Behavior Therapy (CBT) and Dialectical Behavior Therapy (DBT)**
Crystal Taylor-Dietz, PsyD
- 11:15 a.m.** **Alphabet Soup: Understanding Education and Insurance Rights**
Susannah Reimer, LCSW

- 12:15 p.m. Lunch**
- 1:15 p.m. Expanding Treatment Options for Food Selectivity in Autistic Youth**
Emily Kuschner, PhD
- 2:15 p.m. The Role of the Speech Language Pathologist for Individuals with Developmental Disabilities**
Katharine Bouser, MS, CCC-SLP
- 3:15 p.m. Break**
- 3:30 p.m. ADHD Plus: When it's More than Just ADHD**
Carlyn Glatts, MD
- 4:30 p.m. Closing Remarks**
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Unless otherwise noted, faculty is from the Children's Hospital of Philadelphia and the Perelman School of Medicine at the University of Pennsylvania

Course Directors

Amanda E. Bennett, MD, MPH

Clinical Director, Center for Autism Care Innovation

Medical Director, Center for Autism Research

Associate Chief, Division of Developmental and Behavioral Pediatrics

Associate Professor of Clinical Pediatrics

Amy Kelly, MBA, MNM

National Director of Family Engagement

Certified Praesidium Guardian™

Devereux Advanced Behavioral Health

Judy Miller, PhD

Associate Professor of Psychology in Psychiatry

Associate Professor of Psychiatry in Pediatrics

Barbara Picard, MSN, CRNP

Advanced Practice Provider: Clinical Leader Expert

Karabots Primary Care Center

Primary Care Faculty, School of Nursing

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Faculty

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*Scientist and Licensed Psychologist
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