# 2018 International 22q11.2 Family Meeting

Conference - July 14 – 15, 2018 \* Family Fun Day – July 16, 2018

The Westin Resort & Spa Whistler, BC, Canada

# Day 1 July 14<sup>th</sup>

7:00 AM Registration Opens – Emerald Foyer

8:00 AM Welcome from the 22q11.2 Society and Local Arrangements Committee –

**Emerald Ballroom** 

Peter Scambler, Donna McDonald-McGinn, Anne Bassett, Jacob Vorstman, and Pooja

**Panwar** 

Session 1 Detection – Emerald Ballroom

Chairs: Peter Scambler and Donna McDonald-McGinn

8:05 AM A Birds-Eye View of 22q - Chromosome 22q11.2 Deletion and Duplication Syndromes

Donna McDonald-McGinn, MS, LCGC

22q and You Center, Clinical Genetics Center, and Section of Genetic Counseling

Division of Human Genetics Children's Hospital of Philadelphia

Perelman School of Medicine of the University of Pennsylvania

Philadelphia, PA, USA

8:20 AM Origin of the Chromosome 22q11.2 Deletion and Duplication

Joris Vermeesch, PhD

KU Leuven Leuven, Belgium

8:35 AM Important Genes within the Chromosome 22q11.2 Region

Bernice Morrow, PhD

Albert Einstein College of Medicine

New York, NY, USA

8:50 AM Effect of Missing or Extra Genes on Physical Development

Peter Scambler, MD

University College London

Great Ormond Street Institute of Child Health

London, England, UK

9:05 AM Prenatal Findings and Reproductive Counseling

Nicole Philip-Sarles, MD

Hôpital de la Timone Marseille, France 9:20 AM Non-Invasive Prenatal Testing and Newborn Screening

Melissa Maisenbacher, MS, LCGC

Natera, Inc.

Virginia Beach, VA, USA

9:35 AM 22q & A

Session 2 Care: Physical Health I – Emerald Ballroom

Chairs: Bernice Morrow and Kathleen Sullivan

9:50 AM The Heart

Marta Unolt, MD
Ospedale Bambino Gesù
La Sapienza University
Rome, Italy

10:05 AM Infection and Autoimmune Disease

Kathleen Sullivan, MD, PhD

22q and You Center

Division of Allergy and Immunology Children's Hospital of Philadelphia

Perelman School of Medicine of the University of Pennsylvania

Philadelphia, PA, USA

10:20 AM Calcium, Thyroid, and Growth

Lorraine Katz, MD

22q and You Center
Division of Endocrinology

Children's Hospital of Philadelphia

Perelman School of Medicine of the University of Pennsylvania

Philadelphia, PA, USA

10:35 AM Scoliosis

Jelle Homans, MD
University of Utrecht
Utrecht, the Netherlands

10:45 AM 22q & A

11:00 AM Coffee Break – Emerald Foyer

11:30 AM Family Breakout I: Preparing for the Fashion Show – Alpine A

Alice Bailey, Ania Fiksinski, Chrissy Gonzalez-Gandolfi, Stephanie Jeong, Caren Kelman, Tessa Koller, Daniel McGinn, MJ McGinn, Marta Unolt, Michael Weinberg, and Models

Participants must be 16 years and older or accompanied by an adult

### Session 3 Care: Physical Health II – Emerald Ballroom

Chairs: Maria Mascarenhas and Cynthia Solot

#### 11:30 AM Ear, Nose and Throat

### Steven Handler, MD

22q and You Center

Division of Otolaryngology

Children's Hospital of Philadelphia

Perelman School of Medicine of the University of Pennsylvania

Philadelphia, PA, USA

#### 11:45 AM Speech and Palate

#### Cynthia Solot, MA, CCC

22q and You Center

Center for Communication Disorders and Cleft and Craniofacial Clinic

Children's Hospital of Philadelphia

Perelman School of Medicine of the University of Pennsylvania

Philadelphia, PA, USA

#### 12:00 PM Feeding, Swallowing and Other Gastrointestinal Differences

#### Maria Mascarenhas, MD

22q and You Center

Division of Gastroenterology Children's Hospital of Philadelphia

Perelman School of Medicine of the University of Pennsylvania

Philadelphia, PA, USA

### 12:15 PM Advocating During Emergencies

#### Daniel Corwin, MD

Children's Hospital of Philadelphia Division of Emergency Medicine

Perelman School of Medicine of the University of Pennsylvania

Philadelphia, PA, USA

#### 12:30 PM 22q & A

## Session 4 Care: Early Development and Brain Differences – Emerald Ballroom

## 12:45 PM Language Development

#### Cynthia Solot, MA, CCC

22q and You Center

Center for Communication Disorders and Cleft and Craniofacial Clinic

Children's Hospital of Philadelphia

Perelman School of Medicine of the University of Pennsylvania

Philadelphia, PA, USA

1:00 PM Seizures and Structural Brain Differences

Madeline Chadehumbe, MD

22q and You Center Division of Neurology

Children's Hospital of Philadelphia

Perelman School of Medicine of the University of Pennsylvania

Philadelphia, PA, USA

1:15 PM 22q & A

1:30 PM Fashion Show and Expert Tables Luncheon

Designs by Tessa Koller – Emerald B

2:15 PM Family Breakout II: Preparing for the Family Voices Performance – Alpine A

Alice Bailey, T. Blaine Crowley, Rick Guidotti, Stephanie Jeong, Caren Kelman, Tessa

Koller, Daniel McGinn, MJ McGinn, Michael Weinberg, and All Performers

Participants must be 16 years and older or accompanied by an adult

Session 5 Care: Academic Achievement and Behavioral Health – Emerald Ballroom

Chairs: Jacob Vorstman and Edward Moss

2:15 PM Understanding IQ Scores

**Ania Fiksinski, MS**University of Utrecht
Utrecht, the Netherlands

2:30 PM Making Sense of the Diagnostic Alphabet Soup in the School Setting

**Emily Palen, MS, LCGC** Geisinger Medical Center Danville, PA, USA

2:45 PM Putting the "I" in IEP: Education Across the Lifespan and Vocations Thereafter

**Edward Moss, PhD**Malamut and Moss, Inc.
Bryn Mawr, PA, USA

3:15 PM Behavioral Health in Children and Teens

Jacob Vorstman, MD, PhD

Hospital for Sick Children University of Toronto University of Utrecht Toronto, Ontario, Canada Utrecht, the Netherlands

3:45 PM 22q & A

4:00 PM Afternoon Tea – Emerald Foyer

4:30 PM Family Breakout III: Mindfulness towards Improving Performance - Alpine A

Alice Bailey, Ania Fiksinski, Rick Guidotti, Caren Kelman, Daniel McGinn, MJ McGinn,

Edward Moss, Jacob Vorstman

Participants must be 16 years and older or accompanied by an adult

Session 6 Care: Mental Health and Functioning – Emerald Ballroom

Chairs: Anne Bassett and Therese Van Amelsvoort

4:30 PM Optimizing Outcomes for Adults

Anne Bassett, MD

Dalglish Family 22q11.2 Hearts and Mind Clinic Center for Addiction and Mental Health

University of Toronto Toronto, Ontario, Canada

5:00 PM Mental Health and Treatment in Adults

Therese van Amelsvoort, MD, PhD

University of Maastricht Maastricht, the Netherlands

5:30 PM 22q & A

5:45 PM Family Voices

Marc and Barbi Weinberg

Holland, PA, USA

5:55 PM 22q & A

6:00 PM Day I Meeting Adjourn

7:00 PM Family Photos by Rick Guidotti – Outdoor Plaza

7:30 PM Dinner, Family Dancing, and International Silent Auction – Outdoor Plaza

# Day 2 July 15<sup>th</sup>

7:30 AM Registration Opens – Emerald Foyer

8:00 AM <u>Family Voices – Emerald Ballroom</u>

Pooja Panwar, DMD

Duncan, British Columbia, Canada

Session 7 Developing Novel Interventions – Emerald Ballroom

Chairs: Antonio Baldini and Elizabeth Illingworth

8:15 AM Correcting Birth Defects Prenatally

Antonio Baldini, MD

Institute of Genetics and Biophysics

National Research Council University Federico II

Naples, Italy

8:35 AM Understanding the Brain: Is the TBX1 Gene Important?

**Elizabeth Illingworth, PhD**Institute of Genetics and Biophysics

National Research Council

Naples, Italy

8:55 AM 22q & A

9:10 AM Report from the International 22q11.2 Brain and Behavior Consortium

Anne Bassett, MD

Dalglish Family 22q11.2 Hearts and Mind Clinic Centre for Addiction and Mental Health

University of Toronto Toronto, Ontario, Canada

9:25 AM Personalized Behavioral Medical Therapies

Hakon Hakonarson, MD, PhD Center for Applied Genomics

Children's Hospital of Philadelphia

Perelman School of Medicine of the University of Pennsylvania

Philadelphia, PA, USA

9:40 AM What Integrative Medicine Has to Offer Behavioral Management

Ed Moss. PhD

Malamut and Moss, Inc. Bryn Mawr, PA, USA

9:55 AM 22q & A

10:10 AM Change How You See, See How You Change

Rick Guidotti

Founder and Director, Positive Exposure

New York, NY, USA

10:50 AM 22q & A

11:00 AM Coffee Break

## Session 8 Looking Out and Looking In

#### 11:30 AM Family Breakout IV: PEARLS – a Novel Approach to Storytelling – Alpine A

Ania Fiksinski, Rick Guidotti, and MJ McGinn

Participants must be ages 16 and Older or accompanied by an adult

#### 11:30 AM Transition to Adulthood

#### Donna McDonald-McGinn, MS, LCGC

22q and You Center, Clinical Genetics Center, and Section of Genetic Counseling

Division of Human Genetics

Children's Hospital of Philadelphia

Perelman School of Medicine of the University of Pennsylvania

Philadelphia, PA, USA

### 11:45 AM Keeping Safe as an Emerging Adult

Andrea Shugar, MS

Hospital for Sick Children University of Toronto Toronto, Ontario, Canada

#### 12:00 PM Advocacy Skills for Teens and Young Adults

Cheryl Cytrynbaum, MS

Hospital for Sick Children University of Toronto Toronto, Ontario, Canada

#### 12:15 PM Approaching Anxiety

Linda Campbell, PhD

The University of Newcastle Newcastle, NSW, Australia

#### 12:30 PM Supporting Patients, Families and Siblings

Caren Kelman, MSW

22g and You Center

Division of Human Genetics and Social Work

Children's Hospital of Philadelphia

Philadelphia, PA, USA

12:45 PM 22q & A

1:00 PM <u>Patient Voices: A Panel and Performance</u>

Michael Weinberg, Tessa Koller, and Company Holland, PA, USA, Chicago, IL, USA, and across the globe

1:30 PM Age Specific Tables Luncheon – Emerald B

## Session 9 Concurrent Breakouts: Age Specific Questions

**2:30** PM *Group A – Alpine A:* 

Family Breakout V: Healing Through Art - A Workshop Employing Photography and Writing

Ania Fiksinski, Rick Guidotti, and MJ McGinn

Participants must be ages 16 and Older or accompanied by an adult

Group B – Alpine B:

The Early Years – General Medical Issues: Ages 0 - 10 years

Alice Bailey, Daniel Corwin, Steven Handler, and Donna McDonald-McGinn

Group C – Alpine C:

School Aged Children - Brain and Behavior: Ages 11-17 years

Madeline Chadehumbe, Cheryl Cytrynbaum, Hakon Hakonarson, Caren Kelman, Daniel McGinn, Ed Moss, Emily Palen, Cindy Solot, Jacob Vorstman

Group D – Emerald Ballroom:

Moving into Adulthood – General Medical Issues: Ages 18 and Older

Anne Bassett, Linda Campbell, Andrea Shugar, and Therese van Amelsvoort

3:15 PM Transition Break

## Session 10 Concurrent Breakouts – Age Specific Questions

**3:20 PM** *Group A – Alpine A:* 

Family Breakout VI: Healing Through Art 2 - A Workshop Employing Photography and Writing

Ania Fiksinski, Rick Guidotti, and MJ McGinn

Participants must be ages 16 and Older or accompanied by an adult

Group B – Alpine B:

Brain and Behavior: Ages 0 - 10 years

Madeline Chadehumbe, Hakon Hakonarson, Daniel McGinn, Emily Palen, Cindy Solot, Jacob Vorstman

Group C – Alpine C:

General Medical Issues: Ages 11 - 17 years

Daniel Corwin, Steven Handler, Donna McDonald-McGinn

Group D – Emerald Ballroom:

Brain and Behavior: Ages 18 and Older

Anne Bassett, Ed Moss, Andrea Shugar, Therese van Amelsvoort

*Group E – Westin Lobby:* 

A Voice for Families: Parents, Grandparents, Siblings, and Caregivers

Alice Bailey, Linda Campbell, Cheryl Cytrynbaum, Caren Kelman

4:05 PM Afternoon Tea – Emerald Foyer

## Session 11 Caring for the Whole Family – Emerald Ballroom

4:35 PM Family Voices

Carol and Louis Cavana

Woodbridge, NJ, USA

4:45 PM The Importance of Having a Medical Manager

Anne Bassett, MD

Dalglish Family 22q11.2 Hearts and Mind Clinic Centre for Addiction and Mental Health

University of Toronto

Toronto, Ontario, Canada

4:55 PM A Patient Coordination Portal and Care App – The First of Its Kind!

Maria Kamper

Sydney, NSW, Australia

5:05 PM When Traveling for Care is the Only Option

Alice Bailey, BA

22q and You Center

Division of Human Genetics

Children's Hospital of Philadelphia

Philadelphia, PA, USA

5:15 PM Developing Integrated Care: A Parent-Clinician Collaboration

**Anne Lawlor** 

Dublin, Ireland

5:25 PM Making Sure to Provide Care for the Caregivers

**Linda Campbell, PhD** The University of Newcastle Newcastle, NSW, Australia

5:35 PM 22q & A

### **Session 12** Moving Forward Together

5:45 PM Still Honoring Max - While Raising His Siblings: Storming the House of Parliament and

**Other Such Adventures** 

**Julie Wootton** 

Stourbridge, England, UK

5:55 PM Working Together Works – 22q at the Zoo Worldwide Awareness Day, Etc.

**Sheila Kambin, MD** Matawan, NJ, USA

6:05 PM When Will We See You Again?

Donna McDonald-McGinn, MS, LCGC

22q and You Center, Clinical Genetics Center, and Section of Genetic Counseling

Division of Human Genetics Children's Hospital of Philadelphia

Perelman School of Medicine of the University of Pennsylvania

Philadelphia, PA, USA

6:15 PM 22q & A

6:30 PM Meeting Adjourned

## Day 3 July 16<sup>th</sup>

9:30 AM Family Fun Day Monday (hosted by Pooja Panwar and Family)

Wildwood Pacific Bistro at the Crystal Lodge

- Separate registration required
- Includes breakfast and entertainment for children
- See Registration Form for details

**11:30 AM** Breakfast Adjourns but feel free to linger outdoors, stroll to the Olympic Plaza

Playground, cool off under a sprinkler, practice your putting, or just mix and mingle!

## **Examples of additional activities:**

#### Whistler Golf Club:

Located directly across from the Westin Hotel and Spa

#### Park Bridge Mini Golf:

http://www.parkbridge.com/en-ca/rv-cottages/riverside-resort/facilities-activities/riverside-green

#### Whistler Farmer's Market:

Located in Upper Village Stroll at the base of Blackcomb Mountain Open Sundays 11:00 AM – 4:00 PM

## **DIY Scavenger Hunt:**

https://www.whistler.com/pdf/scavengerhunts/whistler-summer-scavenger-hunt.pdf

#### Yoga:

Located at the Four Seasons Hotel: <a href="https://m.fourseasons.com/whistler/services">https://m.fourseasons.com/whistler/services</a> and amenities/other-facilities---services/fitness facilities/

#### The Brew House:

Located across from Millennium Place

Free tours and beer sampling every Saturday at 3:00 PM http://www.mjg.ca/brewhouse/

### **Forged Axe Throwing:**

Located 15 minutes south of Whistler Village in Function Junction \$35/person https://www.forgedaxe.ca/

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