PERINATAL MENTAL HEALTH AND EARLY CHILDHOOD PSYCHOSOCIAL CONFERENCE

Helping Families Experiencing Perinatal Loss: Developing an Infrastructure of Support
(Virtual Preconference) Tuesday, May 4, 2021 • 9 a.m. – 1 p.m. (EST)

From Fetus to Family: A Circle of Care
(Virtual Conference) Wednesday, May 5, 2021 • 9 a.m. – 5 p.m. (EST)

Learn more: chop.cloud-cme.com
OVERVIEW
As many as one in seven mothers and one in 10 fathers will experience symptoms of depression, anxiety and/or traumatic stress during the perinatal period. For some parents, the experience of achieving and maintaining pregnancy is largely uneventful, but others may face significant challenges, such as perinatal loss, fetal diagnosis, preterm birth, or hospitalization of their child in a newborn intensive care unit. These events may cause high-risk parents and families to develop a worsening of social and emotional distress. The objective of this conference is to help frontline obstetric, neonatal, fetal and psychosocial clinicians develop culturally sensitive and trauma-informed methods of risk assessment to recognize triggers for psychological distress, foster effective partnerships within multidisciplinary teams, and implement screening and clinical intervention services to support parents and families in need.

A four-hour preconference will highlight best practices for supporting parents and families who experience perinatal and neonatal loss. Members of the Center for Fetal Diagnosis and Treatment (CFDT) Perinatal Palliative Care and Bereavement Program and Neonatal/Infant Intensive Care Team will share their infrastructure for clinical practice, as well as offer guidance for sharing difficult news, helpful grief resources and outreach support for grieving parents and families.

GENERAL INFORMATION
The registration fee includes the conference live stream, online presentations, and CME/CEU and other credits.

Pre-conference only (May 4, 2021)...... $50  
Conference only (May 5, 2021).........$125  
Both days (May 4-5, 2021)...............$150

Student Fees
Pre-conference only (May 4, 2021)...... $40  
Conference only (May 5, 2021).........$85  
Both days (May 4-5, 2021)............... $100

COURSE OBJECTIVES
Upon completion of this series, participants will be able to:

Preconference:
• Review strategies to manage difficult conversations when a fetal diagnosis is confirmed and when an anticipated neonatal loss is expected  
• Identify ways to support grieving families in memory making  
• Discuss helpful grief resources for parents and families  
• Recognize the importance of bereavement outreach after parents and families return home

Conference:
• Define PMADs and understand the prevalence and risks for NICU parents  
• Identify key components of risk assessment during a psychosocial interview  
• Describe strategies for screening implementation in a fetal center, NICU and neonatal follow-up program  
• Identify challenges and opportunities for implementing group programming with pregnant and postpartum parents  
• Explore effective partnerships between medical, nursing and psychosocial teams

ACCME ACCREDITATION STATEMENT
Children’s Hospital of Philadelphia is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for physicians.

AMA CREDIT DESIGNATION STATEMENT
Children’s Hospital of Philadelphia designates this live activity for a maximum of 11.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
SOCIAL WORK ACCREDITATION STATEMENT
Children’s Hospital is a pre-approved provider of continuing education credits for Pennsylvania Licensed Social Workers, Marriage and Family Therapists, and Professional Counselors. Participants licensed in Pennsylvania who attend the full workshop and complete the required evaluation are eligible for 10.5 Continuing Education Credits. Participants licensed in other states should check with local licensing boards to determine continuing education approval.

APA ACCREDITATION STATEMENT
Children’s Hospital of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. Children’s Hospital of Philadelphia maintains responsibility for this program and its content. This program is approved for 11 CE credits.

NURSING CONTINUING PROFESSIONAL DEVELOPMENT APPROVED PROVIDER STATEMENT
Children’s Hospital of Philadelphia is approved as a provider of nursing continuing professional development by the Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

CERTIFIED CHILD LIFE SPECIALISTS APPROVED PROVIDER STATEMENT
Children’s Hospital of Philadelphia is a pre-approved provider of continuing education credits for all certified child life specialists (CCLS) through Association of Child Life Professionals (ACLP). CCLS that attend the full workshop and complete the required evaluation are eligible for Professional Developmental Units.

GENETIC COUNSELOR CREDITS
An application for genetic counselor credits will be submitted.

CANCELLATION AND REFUND POLICY
Children’s Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. In the event of cancellation or postponement, Children’s Hospital of Philadelphia will refund any registration fees, less a $10 service charge. In order to process refunds for course withdrawals, cancellation must be received in writing by Monday, April 26, 2021.
VIRTUAL PRE-CONFERENCE PROGRAM
HELPING FAMILIES EXPERIENCING PERINATAL LOSS:
DEVELOPING AN INFRASTRUCTURE OF SUPPORT

TUESDAY, MAY 4, 2021 • 9 A.M. – 1 P.M. (EST)

Session 1: Having Difficult Conversations with Parents
9 a.m. Welcome
   Joanna C.M. Cole, PhD, PMH-C
9:10 a.m. A Fetal Diagnosis is Confirmed
   Stefanie B. Kasperski, MS, LCGC
9:25 a.m. Genetic Counselor Role in Postmortem Evaluation of Fetal Anomaly
   Natalie E. Burrill, MS, LCGC
9:40 a.m. Discussing Neonatal Withdrawal with NICU Parents
   David A. Munson, MD
9:55 a.m. Having Difficult Conversations: Funeral Arrangements
   Lucia Figueroa, MSW, LSW
   Jessica Hertzog, MSW, LSW
10:15 a.m. Ethical and Spiritual Support with Infant Loss in the Hospital Setting
   Laura Palmer, MDiv, BCC
   Heather Ousley, MSS, MS
   Lindsey Kunkel, LCSW
10:45 a.m. Faculty Q and A

Session 2: Supportive Care at the Time of Death
11:10 a.m. Guiding Families with a Loss of a Baby in a Labor and Delivery Unit
   Judy L. Prince, RN, BSN, C-OB, C-EFM, CPLC, RTS, PCE, NC-BC
   Jill Albright, BSN, RNC-OB, IBCLC, CCE
   Jill Albright, BSN, RNC-OB, IBCLC, CCE
11:25 a.m. Caring for Bereaved Families in the NICU through a Child Life Lens
   Michelle Badejo, RNBN, CCLS
11:40 a.m. When a Baby is Expected to Die at Birth: Supporting Familial Connection for Expectant Parents and Siblings
   Jessica Hertzog, MSW, LSW
   Melanie Moreno, CCLS
   Laura E. Palmer, MDiv, BCC
   Lindsay Zahac, PhD
12:20 p.m. Follow Up Support for Parents Who Experience a Loss
   Alexandria R. Budney, MPH
   Joy N. Macdonald, RN, BSN
12:35 p.m. Faculty Q and A
12:50 p.m. Final Comments
   Joanna C.M. Cole, PhD, PMH-C
1 p.m. Adjourn
## Welcome

*Joanna C.M. Cole, PhD, PMH-C*

### Keynote Presentation

**Final Jeopardy Category:** Perinatal Mood Disorders

*Christena Raines, RN, MSN, APRN-BC, PMH-C*

### Q and A

### Session 1: Effective Implementation — Screening and Assessment

**10 a.m.** Psychosocial Assessment in the Setting of an Identified Fetal Difference

*Lucia Figueroa, MSW, LSW*

*Jessica Hertzog, MSW, LSW*

**10:15 a.m.** Identifying Intimate Partner Violence in the NICU

*Meredith A. Huber, MSW, LSW*

*Alexandra M. Pomar, LCSW*

**10:30 a.m.** Implementing Screening in a Fetal Care Center and L&D Unit

*Alexandria R. Budney, MPH*

*Stefanie Modri, RN, BSN, MSN, C-MNN*

**10:45 a.m.** Implementing Screening in the NICU

*Chavis A. Patterson, PhD*

*Pamela A. Geller, PhD*

**10:55 a.m.** Screening for Parental Distress after Infant Hospital Discharge

*Casey Hoffman, PhD*

**11:05 a.m.** Maternal Depressive Risk in Prenatal vs. Postnatal Surgical Closure of Myelomeningocele

*Jane E. Schreiber, PhD, ABPP-CN*

### Session 2: Effective Partnerships — Engaging the Team

**11:30 a.m.** Break

**11:40 a.m.** The Pandemic Pivot: Altering Perinatal Care in the Middle of a Global Health Crisis

*Julie S. Moldenhauer, MD*

**11:50 a.m.** Fetal Therapy Coordinators and PST: The Dream Team

*Susan Spinner, MSN, RN*

**Noon** Psychosocial Screening on the Frontline: Why Everyone Needs a Friend in MFM

*Christina Paidas Teefy, MD*

**12:10 p.m.** All in the Family: Genetic Counseling at the Center for Fetal Diagnosis and Treatment

*Lisa Pilchman, MS, LCGC*

**12:20 p.m.** Advanced Practice Nursing Partnership with the Psychosocial Team

*Katie Schmidt, NP*

**12:30 p.m.** Development and Fundraising: Creating Meaningful Opportunities for Patient Families to Give Back

*Sarah Evans*

**12:40 p.m.** Faculty Q and A

**1 p.m.** Lunch on Your Own

**1:30 p.m.** Invited Speaker Presentation

Establishing a Child Life Program in a Maternal Fetal Center

*Elizabeth A Shaughnessy, MS, CCLS*

**1:50 p.m.** Q and A

### Faculty Q and A
Session 3: Effective Interventions—At the Bedside

2 p.m.  Partnerships at the Bedside: Child Life in the NICU
Michelle Badejo, RNBN, CCLS
Melanie Moreno, CCLS

2:15 p.m.  Supporting the Antepartum Patient: Partnership of Special Delivery Unit and Psychosocial Support Team
Emily L. Chamberlain, BSN, RNC-OB
Marissa A. Rowson, CNM

2:30 p.m.  SDU Altered Book Making Groups
Jonathan Jenkins, MA, ATR-BC, LPC

2:40 p.m.  Cultural Competency and Humility
R. Mona Pandeya, MSOD

2:50 p.m.  Cross-cultural Healthcare: Advanced Tips for Working with Interpreters
Priscilla M. Ortiz, PhD, CMI

3 p.m.  Developmental Care Rounds in the Cardiac Intensive Care Unit
Abigail Demianczyk, PhD

3:10 p.m.  Break

3:20 p.m.  Group Education for Parents with Prenatally Diagnosed Fetal Differences
Maren Oser, MSN, CNM, WHNP
Sarah J. Robinson, MSN, CNM, WHNP-BC

3:35 p.m.  Parent and Caregiver Support Programming in the Intensive Care Unit
Chavis A. Patterson, PhD

3:45 p.m.  Faculty Q and A

4 p.m.  Keynote Presentation
What's RIGHT with Dads: An Intersectional, Strengths-based Lens of Early Fatherhood
Daniel Singley, PhD, ABPP

4:40 p.m.  Q and A

4:50 p.m.  Final Comments
Joanna C.M. Cole, PhD, PMH-C

5 p.m.  Adjourn

REGISTER ONLINE: CHOP.CLOUD-CME.COM
Unless otherwise noted, faculty is from Children’s Hospital of Philadelphia (CHOP) and/or the Perelman School of Medicine at the University of Pennsylvania.

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