



# Depression and Suicidality: Screening, Diagnosis and Management in General Pediatrics

Wednesday, November 18, 2026

VIRTUAL CONFERENCE



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## Course Overview

Primary care providers are often the frontline of identifying and managing depression and suicidality, and therefore need skills in the diagnosis and management of these conditions. In this course, we will explore screening and assessment tools, diagnostic criteria, and therapeutic approaches (including CBT and SSRIs). A case-based discussion will help integrate each step into real-world clinical scenarios.

## Course Objectives

- Describe validated screening and assessment tools used for pediatric depression and suicidality
- Determine the appropriate treatment approach for depression and suicidality based on symptom severity level
- Explore barriers to mental health care in general pediatrics and identify approaches to overcoming these barriers
- Evaluate shared care models for interdisciplinary management of pediatric mental health

## General Information and Course Registration Fee

The registration fee includes access to the conference live stream, online presentations and CME credits.

**Registration Fee:** \$75

Register: [chop.cloud-cme.com](https://chop.cloud-cme.com)

## Accreditation Statement



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In support of improving patient care, Children's Hospital of Philadelphia is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

## Designation of Credit

**Physicians:** Children's Hospital of Philadelphia designates this live activity for a maximum of 3.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses:** This program provides 3.25 ANCC contact hours.

## Cancellation and Refund Policy

Children's Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. Cancellations must be received in writing by Monday, November 9, 2026.

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## PROGRAM

Wednesday, November 18, 2026

- 8:15 a.m.     **Welcome and Introduction**  
*Katie Lockwood, MD, MEd*
- 8:30 a.m.     **Screening and Assessment of Depression**  
*Hannah Joseph, PhD*
- 9:00 a.m.     **Psychotherapeutic Management of Depression**  
*Jason Lewis, PhD*
- 9:30 a.m.     **Medication Management of Depression**  
*Kathy Mu, DO*
- 10:00 a.m.    **Break**
- 10:15 a.m.    **Suicidality: Screening, Assessment and Management**  
*Bijan Ketabchi, MD, MPH*
- 11:00 a.m.    **Case Review: Depression and Suicidality in Primary Care**  
*Zia Gajary, MD and Jennifer Keller, DNP, CPNP, PMHS*
- Noon           **Adjourn**

*Unless otherwise noted, faculty is from the Children's Hospital of Philadelphia and/or the Perelman School of Medicine at the University of Pennsylvania.*

## Course Directors

### **Zia Gajary, MD**

*Director of Behavioral Health in Primary Care  
Attending Physician, Karabots Pediatric Care Center*

### **Jennifer Keller, DNP, CPNP, PMHS**

*Certified Pediatric Nurse Practitioner/Certified Pediatric Mental Health Specialist  
APP Professional Advancement Program Clinical Leader: Master  
CHOP Primary Care Autism Champion*

### **Katie Lockwood, MD, MEd**

*Attending Physician, CHOP Primary Care Network in Flourtown  
Director of Education, CHOP Primary Care Network  
Associate Professor of Pediatrics*

## Course Faculty

### **Hannah Joseph, PhD**

*Attending Psychologist, Healthy Minds, Healthy Kids Program and Department of  
Psychiatry and Behavioral Sciences*

### **Bijan Ketabchi, MD, MPH**

*Attending Physician, Division of Emergency Medicine  
Assistant Professor of Clinical Pediatrics*

### **Jason Lewis, PhD**

*Psychologist, Department of Psychiatry and Behavioral Sciences  
Section Director of Mood, Anxiety and Trauma Disorders*

### **Kathy Mu, DO**

*Attending Psychiatrist, Department of Child and Adolescent Psychiatry and  
Behavioral Sciences*



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