



Neuro-Pediatrics Handling Intensive: NDT Contemporary Practice

Friday – Sunday, March 27–29, 2026

**Hub for Clinical Collaboration and Leonard and
Madlyn Abramson Pediatric Research Center**

**Presented by:
Suzanne Davis Bombria, PT, C/NDT**

Course Overview

This intensive 3-day course focuses on enhancing participants' handling skills to improve functional outcomes for children, using the NDTA® Contemporary Practice Model. Guided by the ICF framework, a systems-based approach will be applied—from participation and functional activities to body structures and functions. Movement labs will emphasize the use of precise, graded handling techniques to address prioritized impairments commonly seen in children with neuromuscular conditions. Case studies and live demonstrations will explore functional domains and effective intervention strategies for improving gross motor skills, play, social interaction, activities of daily living (ADLs), and respiration/phonation, all in the context of supporting participation in meaningful life activities. Select labs focus specifically on mobility of the rib cage and spine to enhance range and flexibility, with the goal of improving respiration and phonation, promoting upper extremity function and transitional movements.

Course Objectives

Upon successful completion of this three-day course, participants will be able to:

- Illustrate the components of Contemporary NDT and the practice model
- Using the ICF format, prioritize areas of need for a given child in the domains of participation, functional activities, and body structures and function while employing a systems-based approach
- Compare & contrast levels of therapeutic touch and determine which is effective for a given individual
- Analyze a task and relate the components of posture and movement necessary to perform the meaningful occupation
- Demonstrate at least 3 hands-on techniques to address impairments in the neuromuscular, musculoskeletal, respiratory and sensory systems commonly seen in children with neurological differences
- Apply at least 3 intervention techniques to integrate posture and movement into participation and functional activities related to mobility in the environment, respiration/phonation and occupation goals of motor skills, play and ADLs

General Information

The conference will be held at Children's Hospital of Philadelphia in the Hub for Clinical Collaboration and Leonard and Madlyn Abramson Pediatric Research Center.

Participant Requirements

A 20" rag doll or similar for practice (must have flexible joints and body), comfortable clothes for movement, and a mat for the floor.

Course Fee

The registration fee includes registration materials, continental breakfasts, lunches, and breaks.

Registration Fee: \$675

To register, please visit chop.cloud-cme.com.



American
Occupational Therapy
Association

Approved Provider

The Children's Hospital of Philadelphia is an AOTA Approved Provider of professional development. Course approval ID# 13056. This live event is offered at 19 CEU Hours, Intermediate, Foundational Knowledge and OT Service Delivery.

AOTA does not endorse specific course content, products, or clinical procedures.

Physical Therapy Accreditation

The content of this course has been submitted for 19 Physical Therapy CEUs (19 contact hours) in the States of Pennsylvania and New Jersey. CEUs have been preapproved for the State of New York. If you require PT CEUs in a different state, please contact course coordinator to obtain materials for submission.

Hotel Information

A block of rooms has been reserved at reduced rates at The Study located just a few blocks from Children's Hospital. The group overnight rate is \$249 single and double occupancy plus a 16.25% room tax. Participants are required to make their own hotel reservations by calling The Study directly at 215-387-1400. Please mention the name of the conference when making your reservation. The special room rate will be available until Thursday, February 26, 2026. After that date, reservations will be accepted on a space and rate availability basis.

Cancellation and Refund Policy

Children's Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. In the event of cancellation or postponement, Children's Hospital of Philadelphia will refund any registration fees, less a \$40 service charge, but is not responsible for any related costs, charges or expenses to participants, including cancellation charges assessed by airlines or travel agencies. In order to process refunds for course withdrawals, cancellation must be received in writing by Friday, March 13, 2026. No refunds will be issued thereafter.

Services for People With Disabilities

Participation by all individuals is encouraged. If arrangements are required for an individual with special needs to attend this meeting, please call the CME Department at 215-590-5263 two weeks in advance so that we may provide better service to you during the conference.

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PROGRAM

Friday, March 27, 2026

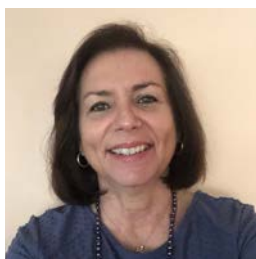
7:30 a.m.	Registration and Breakfast
8:30 a.m.	Introduction – Contemporary NDT and the Practice Model: Fidelity and Evidence
9:30 a.m.	Analysis Based on the ICF Framework and Application of a Systems Approach Case Study
10:15 a.m.	Break
10:30 a.m.	Case Study Analysis (cont.)
11:30 a.m.	Lunch
12:30 p.m.	Lab: Levels of Therapeutic Touch
1:15 p.m.	Lab: Grading Sensory Input to Match an Individual's System
2:30 p.m.	Break
2:45 p.m.	Lab: Postural Control & Its Relationship to Functional Movement • <i>Hands-on: "The ABCs"</i> • <i>Reactive vs Anticipatory</i>
4:30 p.m.	Adjourn for the Day

Saturday, March 28, 2026

8:00 a.m.	Continental Breakfast
8:30 a.m.	Lab: Concept of Therapeutic Inhibition
10:00 a.m.	Break
10:15 a.m.	Lab: Concept of Elongation
11:30 a.m.	Lunch
12:15 p.m.	Lab: Concept of Therapeutic Facilitation
2:15 p.m.	Break
2:30 p.m.	Treatment Demonstration
3:30 p.m.	Analysis and Discussion of Demo
4:30 p.m.	Adjourn for the Day

Sunday, March 29, 2026

7:30 a.m.	Continental Breakfast
8:00 a.m.	Lab: Combining Posture & Movement for Function for Functional Outcomes
10:00 a.m.	Break
10:15 a.m.	Video: Assessment & Treatment Planning of Child Coming for Demo
11:30 a.m.	Lunch
12:15 p.m.	Lab: Selected Treatment Strategies to Address Functional Goal and Prioritized Impairments for Each System for Demo
1:15 p.m.	Break
1:30 p.m.	Treatment Demonstration
2:30 p.m.	Analysis and Discussion of Demo
3:15 p.m.	Adjourn for the Day



Suzanne Davis Bombria, PT, C/NDT

Suzanne is an internationally recognized clinician, speaker & consultant. She is one of the investigators in the RCT project titled “Multi-modal intervention for children with cerebral palsy” and is versed in research. Currently residing in CT, Ms. Davis Bombria applies evidence-based practice with babies and children of all ages, specializing in intensive therapy as well as ongoing intervention. She enjoys teaching therapists around the world and provides insight into Contemporary NDT. Ms.

Davis Bombria is a Pediatric Coordinator-Instructor and Advanced Course Instructor for the NDTA™. Her passion for what she does as a pediatric therapist, instructor and mother of a son with cerebral palsy, along with her easy presentation style, provide the theoretical and practical solutions all therapists can apply to their patient population.

Disclosures

Financial: The instructor, Suzanne Davis Bombria, PT, C/NDT is being financially compensated by Children’s Hospital of Philadelphia to present this course.

Non-Financial: Suzanne Davis Bombria, PT, C/NDT is a member of the NDTA™ Instructor Group and serves in a volunteer capacity as well as leadership roles. She does not receive compensation for these roles.

Course Directors

Megan Beam, PT, DPT

*Board-Certified Pediatric Clinical Specialist
Education & Development Coordinator
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