

Qualitative Studio: Reflexivity

Title: Token Gesture or Transformative Practice? Reflexivity in Health Professions Education Research

Synopsis: Reflexivity is critical in ensuring the rigor and trustworthiness of qualitative research. Yet rather than being meaningfully and continuously integrated into the research process, reflexivity tends to be reduced to a procedural formality. This workshop aims to address the gap in understanding of, and practical guidance for reflexivity by both (re)examining the role of reflexivity in health professions education research and providing concrete strategies to improve reflexive practices.

Objectives

By participating in this full day participants will be able to:

1. Understand what reflexivity is and how it enhances the rigor of qualitative research.
2. Apply practical tools like reflexive journaling, drawing, and dialogue.
3. Collaborate effectively in reflexivity on research teams

Agenda

Time	Content
8:00-8:30	Welcome <ul style="list-style-type: none"> Review of agenda, learning objectives Introduce faculty Table introductions
8:30-9:45	What is reflexivity? <ul style="list-style-type: none"> Purpose & philosophy (the why) Practice (the doing) Real life examples (the biographical paragraph) <i>Independent and/or small group exercise</i>
9:45-10:15	BREAK
10:15-11:30	Being reflexive (as an individual) <ul style="list-style-type: none"> Worldview, positionality & curiosities Strategies for engagement (reflection & journaling) <i>Independent exercise(s)</i>
11:30-1:00	Networking tables and LUNCH
1:00-2:15	Being reflexive (as a team) <ul style="list-style-type: none"> Negotiating reflexivity as insiders & outsiders Vulnerability, safety, & disclosure Practicing reflexivity (positionality & interview data) <i>Small group exercise</i>
2:15-2:45	BREAK

2:45-3:45	Fostering reflexive spaces <ul style="list-style-type: none">• Strategizing rigorous, meaningful, & “doable” reflexive practices <i>Small group exercise</i>
3:45-4:00	Learning assessment activity Wrap up